



## MOBILE MEALS OF TUCSON FACT SHEET

**Individual eligibility for Mobile Meals is based on the following:**

1. homebound because of illness, disability or frailty
2. lives alone or with a person who is equally ill, disabled or frail
3. incapable of obtaining and/or preparing his/her own meals, but can feed him/her self
4. no relative or responsible person to provide or prepare regular adequate meals
5. a specialized diet or ineligible for Meals on Wheels because of age (under 60 years of age)
6. lives in geographical area where delivery of meals is feasible

**AREA SERVED:** Primarily within Tucson city limits, and Green Valley area.

*MISSION STATEMENT: Mobile Meals helps preserve the health, dignity, and independence of homebound adults by delivering special diet meals.*